NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 *10-11am Coffee/Inspiration* *11-12pm Arthritis Exercises* *12-1pm LUNCH* *1-2pm Group Table Games* **Eastover-Bible Study*	3 *10-11am Coffee/Inspiration* *11-12pm Cognitive Exercises* *12-1pm LUNCH* *1-2pm Group Table Games* **Blythewood-CLOSED*	4 10-11am Coffee /Inspiration 11-12pm Arthritis Exercises 12-1pm LUNCH 1-2pm Group Table Games *Eastover-Essential Shopping	5 *10-11am Coffee/Inspiration* *11-12pm Chair Volleyball* *12-1pm LUNCH* *1-2pm Trivia Thursdays* **Blythewood-Ruby Davis Inspiration Hour*	6 *10-11am Coffee/Inspiration* *11-12pm Arthritis Exercises* *12-1pm LUNCH* *1-2pm Group Table Games* **Columbia-Essential Shopping* **Hopkins-Farmers Market* **Blythewood-CLOSED* **Eastover-CLOSED*
9 10-11am Coffee/Inspiration 11-12pm Arthritis Exercises 12-1pm LUNCH 1-2pm Group Table Games *Columbia-Bowling *Eastover Bible Study	10 10-11am Coffee /Inspiration 11-12pm Arthritis Exercise 12-1pm LUNCH 1-2pm Group Table Games *Blythewood-Ross Shopping	11 10-11am Coffee /Inspiration 11-12pm Cognitive Exercises 12-1pm LUNCH 1-2pm Group Table Games BINGO-RCRC (HOPKINS PARK) *Columbia-Brookland Baptist Church Luncheon *Blythewood-Bingo	12 10-11am Coffee /Inspiration 11-12pm Arthritis Exercise 12-1pm LUNCH 1-2pm Trivia Thursdays *Eastover-Willie Sues Luncheon	13 10-11am Coffee /Inspiration 11-12pm Chair Exercises 12-1pm LUNCH 1-2pm Happy Hour Fun *Columbia-Essential Shopping *Blythewood-CLOSED *Eastover-*Closed*
16 10-11am Coffee /Inspiration 11-12pm Arthritis Exercise 12-1pm LUNCH 1-2pm Group Table Games *Eastover-Bible Study	17 10-11am Coffee /Inspiration 11-12pm Cognitive Exercise 12-1pm *LUNCH* 1-2pm Group Table Games *Blythewood-Ruby Davis Inspiration Hour	18 10-11am Coffee /Inspiration 11-12pm Chair Exercises 12-1pm LUNCH 1-2pm Group Table Games *Columbia-Harvest Hope	19 10-11am Coffee /Inspiration 11-12pm Arthritis Exercises 12-1pm LUNCH 1-2pm Thankful Thursday Craft *Blythewood-Village Church *Eastover-Hamricks	20 10-11am Coffee /Inspiration 11-12pm You Tube Fitness 12-1pm LUNCH 1-2pm Happy Hour Fun *Blythewood-CLOSED *Eastover-CLOSED *Hopkins-Essential Shopping
23 10-11am Coffee /Inspiration 11-12pm Arthritis Exercises 12-1pm LUNCH 1-2pm Group Table Games *Eastover-Bible Study	24 10-11am Coffee/Inspiration 11-12pm Chair Volleyball 12-1pm LUNCH 1-2pm Group Table Games *Blythewood-State House Tour	25 10-11am Coffee/Inspiration 11-12pm Cognitive Exercises 12-1pm LUNCH 1-2pm Group Table Games BINGO-RCRC (HOPKINS PARK) Eastover-Essential Shopping	26 SENIOR RESOURCES CLOSED IN OBSERVANCE OF THANKSGIVING 	27 *SENIOR RESOURCES CLOSED IN OBSERVANCE OF THANKSGIVING*
30 10-11am Coffee/Inspiration 11-12pm Arthritis Exercises 12-1pm LUNCH 1-2pm Group Table Games *Eastover Bible Study				