

## September 2022 Senior Resources Wellness Centers Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Center Hours</b>  <b>Mon. – Fri. 10-2</b>  <b>(803) 252-7734</b>  <b>Blythewood Center is</b>  <b>Closed on Fridays</b></p>			<p>1).            10:00-11:00 Coffee and Socializing            11:00-11:30 Hidden Pictures            11:30-12:00 Everybody Knows            12:00-12:30 Lunch            12:30-1:30 Dice Delight/Jokes</p>	<p>2).   <b>Movie Day</b>  <i>(Blythewood Center Closed)</i></p>
<p>5).  </p>	<p>6).            10:00-11:00 Coffee and Socializing            11:00- 11:30 X Out            11:30- 12:00 Beach Volleyball            12:00-12:30 Lunch            12:30-1:30 Word Search/Would You Rather</p>	<p>7).            10:00-11:00 Coffee and Socializing            11:00-11:15 Pep in your Step            11:15-12:00 Finish the Phrase            12:00- 12:30 Lunch            12:30- 1:30 Hangman/Quote Of The Day</p>	<p>8)..            10:00-11:00 Coffee and Socializing            11:00-11:30 Brain Buster            11:30-12:00 Who Said It/Simon Says            12:00-12:30 Lunch            12:30 -1:30 Arthritis Exercise/Word Search</p>	<p>9).   <b>Movie Day</b>  <i>(Blythewood Center Closed)</i></p>
<p>12).            10:00-11:00 Coffee and Socializing            11:00-11:30 Roll It            11:30-12:00 Arthritis Exercise            12:00-12:30 Lunch            12:30-1:30 Stretching/Quote Of The Day</p>	<p>13).            10:00-11:00 Coffee and Socializing            11:00-11:30 Hidden Pictures            11:30-12:00 Fitter Sitters            12:00-12:30 Lunch            12:30 -1:30 Arts &amp; Crafts</p>	<p>14).            10:00-11:00 Coffee and Socializing            11:00-11:30 Cryptogram            11:30-12:00 Ring Toss            12:00-12:30 Lunch            12:30-1:30 Taboo/P2P</p>	<p>15).            10:00-11:00 Coffee and Socializing            11:00- 12:00 Family Feud            11:30- 12:00 Simon Says/Word Search            12:00-12:30 Lunch            12:30-1:30 Arthritis Exercise/Jokes</p>	<p>16).   <b>Movie Day</b>  <i>(Blythewood Center Closed)</i></p>
<p>19).            10:00-11:00 Coffee and Socializing            11:00-11:30 Hidden Pictures            11:30-12:00 Arthritis Exercise            12:00-12:30 Lunch            12:30-1:30 Board Games/Healthy Hints</p>	<p>20).            10:00-11:00 Coffee and Socializing            11:00-12:00 BINGO            12:00-12:30 Lunch            12:30-1:30 Who Said It/Coloring</p>	<p>21).            10:00-11:00 Coffee and Socializing            11:00-11:30 Finish The Phrase            11:30-12:00 Guesstures            12:00-12:30 Lunch            12:30-1:30 Hangman/Hot Topics</p>	<p>22).            10:00-11:00 Coffee and Socializing            11:00-11:30 Dynabands            11:30-12:00 Turning Tops/Odd One Out            12:00-12:30 Lunch            12:30- 1:30 Concentration/Cards</p>	<p>23).   <b>Movie Day</b>  <i>(Blythewood Center Closed)</i></p>
<p>26).   <b>Client's Choice</b></p>	<p>27).            10:00-11:00 Coffee and Socializing            11:00-11:30 Word Scramble            11:30-12:00 Arthritis Exercise/Trivia            12:00-12:30 Lunch            12:30-1:30 Hot Potato/Maze Craze</p>	<p>28).            10:00-11:00 Coffee and Socializing            11:00-11:30 Order Up            11:30-12:00 Anagram            12:00-12:30 Lunch            12:30-1:30 Nutrition News/Jokes</p>	<p>29).            10:00-11:00 Coffee and Socializing            11:00-11:30 Maze Craze            11:30-12:00 Arthritis Exercise/Name 5            12:00-12:30 Lunch            12:30-1:30 Who Said It /Quote Of The Day</p>	<p>30).   <b>Movie Day</b>  <i>(Blythewood Center Closed)</i></p>

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