Senior Lunch Bunch

Meals and Memories Are Made Here
Senior Resources:

50+ Years of Services to Seniors

But what is needed for today’s seniors?
We know:

Keeping Active & Connected Matters

How can we encourage more older adults to engage in our community?
We know:

Pandemic Amplified Isolation

How can we create a space for seniors to “get out of the house” when they are ready?
We know:

“Boomer” Seniors Expect More

How can we create a more appealing environment for a new generation?
New Group Dining Model Needed to Meet Challenges

- Active & Connected
- Amplified Isolation
- Boomers Expect More
A New Model for Group Dining:

Added Bonus: Helping a local small business recover from pandemic economy.
A New Model for Group Dining:

Healthy Menu with Choices

**Added Bonus:** Seniors can order additional choices or take-out meals (at their own expense) to supplement their nutrition.
A New Model for Group Dining:

Added Bonus: Making new friendships, but also connecting with other senior-focused services and those of our partners in the community.

Making Connections
Continuum of Services

*Starting healthy connections sooner, ensuring seniors have access to stay healthy & independent now and as they age.*

**LUNCH BUNCH**
- Group Meals
- Weekly programs (1 hour)
- Off-Site Exercise
- Available

**WELLNESS CENTER**
- Group Dining
- Daily Activities (4+ hours)
- Transportation Services
- On-site Exercise

**IN-HOME SERVICES**
- Home Delivered Meals
- Homemaker Services
- AmeriCorps Senior Companions
- Transportation Services
## Sustainability

| **Funding** | Meals and staffing costs covered by Older Americans Act funding.  
Goal is at least 20 participants/mealtime.  
Fewer staff makes overhead costs lower to offset higher food costs. |
|-------------|----------------------------------------------------------------------------------------------------------|
| **Locations** | Lizard’s Thicket has 5 locations with private dining rooms.  
Ability to reserve the rooms at multiple locations and/or times.  
Possible options for breakfast, lunch, and dinner. |
| **Nutrition** | Meals meet approved dietary guidelines by Older American Act.  
Cooked to order menu choices more appealing for diners.  
Attendees have opportunity to purchase additional meals to take home. |

*This pilot program can be shared, adjusted, and replicated at other locations.*
Positive Initial Results

Potential to Expand & Grow

New Resource for Area Seniors

Thank you! so much! He loved it!