



## October 2020 Hopkins Wellness Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Hopkins Wellness Center</i>  <i>150 Hopkins Park Road</i>  <i>Hopkins, SC 29061</i>  <i>Phone: 803 252-7734</i>  <i>Hours of Operation M-F</i>  <i>10am-2pm</i></p>			<p>1).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Sittercize</i>            11:30-12:00 <i>Wheel Of Fortune</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Dice Delight/Jokes</i></p>	<p>2).</p> <p style="font-size: 1.2em;"><i>Movie Day</i></p>
<p>5).            10:00--11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Everybody Knows</i>            11:30-12:00 <i>Spin It To Win It</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Family Feud/Nutrition</i></p>	<p>6).            10:00-11:00 <i>Coffee and Socializing</i>            11:00- 11:30 <i>Differences/X Out</i>            11:30- 12:00 <i>Sittercize</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Puzzlemania</i></p>	<p>7).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:15 <i>Pep in your Step</i>            11:15-12:00 <i>BINGO</i>            12:00- 12:30 <i>Lunch</i>            12:30- 1:30 <i>Hangman/Quote Of The Day</i></p>	<p>8)..            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Brain Buster</i>            11:30-12:00 <i>Walking</i>            12:00-12:30 <i>Lunch</i>            12:30 -1:30 <i>Concentration/Yes-No</i></p>	<p>9).</p> <p style="font-size: 1.2em;"><i>Movie Day</i></p>
<p>12).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Pep In Your Step</i>            11:30-12:00 <i>Word Play</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Who Knows It/Spoon Savvy</i></p>	<p>13).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Word Plexer</i>            11:30-12:00 <i>Guesstures</i>            12:00-12:30 <i>Lunch</i>            12:30 -1:30 <i>Hangman/Hot Topics</i></p>	<p>14).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Sittercize</i>            11:30-12:00 <i>Bingo</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Fast 5/P2P</i></p>	<p>15).            10:00-11:00 <i>Coffee and Socializing</i>            11:00- 11:30 <i>Word Scramble</i>            11:30- 12:00 <i>Stretching</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <b>Nutrition Education</b></p>	<p>16).</p> <p style="font-size: 1.2em;"><i>Movie Day</i></p>
<p>19).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Word Search</i>            11:30-12:00 <i>Bean Bag Toss</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Yahtzee</i></p>	<p>20).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Pep In Your Step</i>            11:30-12:00 <i>Word Play</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Who Said It</i></p>	<p>21).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Sittercize</i>            11:30-12:00 <i>Guesstures</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Hangman/Hot Topics</i></p>	<p>22).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Dynabands</i>            11:30-12:00 <i>Yes-No</i>            12:00-12:30 <i>Lunch</i>            12:30- 1:30 <i>Concentration/Coloring</i></p>	<p>23).</p> <p style="font-size: 1.2em;"><i>Movie Day</i></p>
<p>26).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Brain Buster</i>            11:30-12:00 <i>Turning Tops/Fast 5</i>            12:00-12:30 <i>Lunch</i>            1230-1:30 <i>Coloring/Simon Says</i></p>	<p>27).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Word Scramble</i>            11:30-12:00 <i>Stretching</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Concentration/P2P</i></p>	<p>28).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Six Squares</i>            11:30-12:00 <i>Anagram</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Family Feud/Nutrition</i></p>	<p>29).            10:00-11:00 <i>Coffee and Socializing</i>            11:00-11:30 <i>Maze Craze</i>            11:30-12:00 <i>Walking</i>            12:00-12:30 <i>Lunch</i>            12:30-1:30 <i>Who Said It /Quote Of The Day</i></p>	<p>30).</p> <p style="font-size: 1.2em;"><i>Movie Day</i></p>