



September 2019 Blythewood Wellness Center Calendar

Monday				
<p>2).</p>  <p>Labor Day Center Closed</p>	<p>3).</p> <p>10:00-11:00 Coffee and Devotion 11:00-11:30 Brain Buster 11:30-12:00 Pep in your Step 12:00-12:45 Lunch 12:45-1:30 Checkers/Connect 4 1:30-1:45 Simon Says</p>	<p>4).</p> <p>10:00-11:00 Coffee and Devotion 11:00-11:30 Beach Volleyball 11:30-12:00 3 Pin Bowling 12:00-12:45 Lunch 12:45-1:30 Exercise/Uno 1:30-1:45 Quote of the Day</p>	<p>5).</p> <p>10:00-11:00 Coffee and Devotion 11:00-11:30 Word Search 11:30-12:00 Password 12:00-12:45 Lunch 12:45-1:30 Hangman 1:30-1:45 Healthy Hint</p>	<p>6).</p> <p>Center Closed</p>
<p>9).</p> <p>10:00-11:00 Coffee and Devotion 11:00-12:00 Client's Choice 12:00-12:45 Lunch 12:45-1:30 Topple/Tic Tac Toe 1:30- 1:45 Nutrition News</p>	<p>10).</p> <p>10:00-11:00 Coffee and Devotion 11:00- 11:30 Sittercize 11:30- 12:00 Bingo 12:00-12:45 Lunch 12:45-1:30 Shut The Box/Color 1:30- 1:45 Current Events</p>	<p>11).</p> <p>10:00-11:00 Coffee and Devotion 11:00-11:30 Crossword Puzzle 11:30- 12:00 Guesstures 12:00- 12:45- Lunch 12:45- 1:30 Cards/Coloring 1:30- 1:45 Joke of the Day</p>	<p>12).</p> <p>10:00-11:00 Coffee and Devotion 11:00-11:30 Brain Buster 11:30-12:00 Pep in your Step 12:00-12:45 Lunch 12:45-1:30 Checkers/Connect 4 1:30-1:45 Simon Says</p>	<p>13).</p> <p>Center Closed</p>
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