


June 2019 Blythewood Wellness Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3). 10:00-11:00 Coffee and Devotion 11:00-11:30 Exercise 11:30-12:00 Minute Mania 12:00-12:45 Lunch 12:45-1:45 Shut the Box	4). 10:00-11:00 Coffee and Devotion 11:00-11:30 Word Search 11:30-12:00 Guesstures 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Pig Pen	5). 10:00-11:00 Coffee and Devotion 11:00-11:30 Movin and Groovin 11:30-12:00 Hot Potato 12:00-12:45 Lunch 12:45-1:45 Card Games	6). 10:00-11:00 Coffee and Devotion 11:00-11:30 Maze Craze 11:30-12:00 Password 12:00-12:45 Lunch 12:45-1:45 Monkey Links	7). Center Closed
10). 10:00-11:00 Coffee and Devotion 11:00-11:30 Walk 11:30-12:00 Brain Teasers 12:00-12:45 Lunch 12:45-1:45 Connect 4/ Checkers	11). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-12:00 Client's Choice 12:00-12:45 Lunch 12:45-1:45 Hangman	12). 10:00-11:00 Coffee and Devotion 11:00-11:30 Word Search 11:30-12:00 Guesstures 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Pig Pen	13). 10:00-11:00 Coffee and Devotion 11:00-11:30 Movin and Groovin 11:30-12:00 Hot Potato 12:00-12:45 Lunch 12:45-1:45 Card Games	14). Center Closed
17). 10:00-11:00 Coffee and Devotion 11:00-11:30 Stretching 11:30-12:00 Bingo 12:00-12:45 Lunch 12:45-1:345 Pinball/ Peg Board	18). 10:00-11:00 Coffee and Devotion 11:00-11:30 Walk 11:30-12:00 Brain Teasers 12:00-12:45 Lunch 12:45-1:45 Connect 4/ Checkers	19). 10:00-11:00 Coffee and Devotion 11:00-11:30 Exercise 11:30-12:00 Minute Mania 12:00-12:45 Lunch 12:45-1:45 Shut the Box	20). 10:00-11:00 Coffee and Devotion 11:00-11:30 Word Search 11:30-12:00 Guesstures 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Pig Pen	21). Center Closed
24). 10:00-11:00 Coffee and Devotion 11:00-11:30 Maze Craze 11:30-12:00 Password 12:00-12:45 Lunch 12:45-1:45 Monkey Links	25). 10:00-11:00 Coffee and Devotion 11:00-11:30 Stretching 11:30-12:00 Bingo 12:00-12:45 Lunch 12:45-1:45 Pinball/ Peg Board	26). 10:00-11:00 Coffee and Devotion 11:00-11:30 Walk 11:30-12:00 Nutrition Education 12:00-12:45 Lunch 12:45-1:45 Connect 4/ Checkers	27). 10:00-11:00 Coffee and Devotion 11:00-11:30 Exercise 11:30-12:00 Minute Mania 12:00-12:45 Lunch 12:45-1:45 Shut the Box	28). Center Closed
				Blythewood Wellness Center 1424 Marthan Rd Blythewood, SC 29016 Phone: 803-252-7734 Hours 10 am- 2pm