



April 2019 Hopkins Wellness Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>2). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch 12:45-1:45 Pinball</p>	<p>3). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Weights 11:30-12:00 Beach Volleyball 12:00-12:45 Lunch 12:45-1:30 Dominoes</p>	<p>4). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>5). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretch Bands 11:30-12:00 Bounce It 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Peg Boards</p>
<p>8). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch</p>	<p>9). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-12:00 Easter Crafts 12:00-12:45 Lunch 12:45-1:45 Hangman</p>	<p>10). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>11). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretch Bands 11:30-12:00 Bounce It 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Peg Boards</p>	<p>12). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>
<p>15). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>16). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>17). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-12:00 Bunny Bingo 12:00-12:45 Lunch 12:45-1:45 Hangman</p>	<p>18). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Weights 11:30-12:00 Beach Volleyball 12:00-12:45 Lunch 12:45-1:30 Dominoes</p>	<p>19). Center Closed Good Friday</p>
<p>22). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretch Bands 11:30-12:00 Bounce It 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Peg Boards</p>	<p>23). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>24). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Nutrition Education</p>	<p>25). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch 12:45-1:45 Pinball</p>	<p>26). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Weights 11:30-12:00 Beach Volleyball 12:00-12:45 Lunch 12:45-1:30 Dominoes</p>
<p>29). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>30). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretch Bands 11:30-12:00 Bounce It 12:00-12:45 Lunch 12:45-1:45 Tic Tac Toe/ Peg Boards</p>			<p>Hopkins Wellness Center 150 Hopkins Park Road Hopkins, SC 29061 Phone: 803-252-7737 Hours: 10am-2pm</p>