



April 2019 Blythewood Wellness Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>2). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch 12:45-1:45 Pinball</p>	<p>3). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Weights 11:30-12:00 Beach Volleyball 12:00-12:45 Lunch 12:45-1:30 Dominoes</p>	<p>4). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>5). Center Closed</p>
<p>8). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch</p>	<p>9). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-12:00 Easter Crafts 12:00-12:45 Lunch 12:45-1:45 Hangman</p>	<p>10). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>11). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Client Choice 12:00-12:45 Lunch 12:45-1:45 Hangman</p>	<p>12). Center Closed</p>
<p>15). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>16). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>17). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch 12:45-1:45 Pinball</p>	<p>18). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Weights 11:30-12:00 Beach Volleyball 12:00-12:45 Lunch 12:45-1:30 Dominoes</p>	<p>19). Center Closed</p>
<p>22). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Brain Busters 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>23). 10:00-10:30 Meet and Greet 10:30-11:00 Nutrition Ed. 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>24). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Exercise 11:30-12:00 Family Feud 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>25). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Stretching 11:30-12:00 Bean Bag Toss 12:00-12:45 Lunch 12:45-1:45 Pinball</p>	<p>26). Center Closed</p>
<p>29). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Sittercize 11:30-12:00 Name Game Toss 12:00-12:45 Lunch 12:45-1:45 Board Games</p>	<p>30). 10:00-10:30 Meet and Greet 10:30-11:00 Devotion 11:00-11:30 Walking 11:30-12:00 Cup Stacking 12:00-12:45 Lunch 12:45-1:45 Connect 4</p>			<p>Blythewood Wellness Center 1424 Marthan Rd Blythewood, SC 29016 Phone: 803-252-7734 Hours 10 am- 2pm</p>