



2019

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	01	02
WEEK A					Country Style Turkey & Noodles Buttered Brussel Sprouts Baked Cinnamon Apples	
03	04	05	06	07	08	09
WEEK B	Swiss Steak Brown Rice Green Beans Fresh Orange	Denver Pork Chop Roasted Sweet Potatoes Broccoli & Cauliflower Fresh Banana	Savory chicken Lima Beans Seasoned California Blend Peaches & Strawberries	Italian Meatballs with Spaghetti Stewed Okra and Tomatoes Buttered Corn Fresh Honeydew Melon	Breaded Chicken Breast Creamed Spinach Seasoned Carrots Diced Cantaloupe	
10	11	12	13	14	15	16
WEEK C	Confetti Pork Loin Fresh Whipped Sweet Potatoes Stewed Cabbage Fresh Banana	Beef and Rice with Gravy Seasoned Pinto Beans Steamed Broccoli Sliced Pears	Turkey Scallopini Mashed Potatoes Red Peppers & Green Peas Fresh Honeydew Melon	Oven Fried Fish Green Beans Buttered Yellow Squash Fresh Orange	Pesto Chicken Red Rice Seasoned Mustard Greens Fresh Cantaloupe	
17	18	19	20	21	22	23
WEEK D	BBQ Riblet Sandwich on a Whole Wheat Bun Kidney Beans Cheese Baked Spinach Fresh Cantaloupe	Mushroom & Turkey Meatballs Broccoli & Carrot Blend Buttered Baby Lima Beans Fresh Banana	Pepper Steak with Gravy Mashed Red Potatoes Buttered Zucchini with Red Peppers Diced Peaches	Smothered Chicken with Gravy Brown Rice Braised Red & Green Cabbage Fresh Honeydew Melon	Roasted Pork Loin Whipped Sweet Potatoes Parsley Buttered Green Peas Mandarian Oranges	
24	25	26	27	28	29	30
WEEK A	Baked Chicken Breast with Glaze Black-Eyed Peas Seasoned Collard Greens Fresh Banana	BBQ Beef on a Whole Wheat Bun Pinto Beans Steamed Broccoli Sliced Peaches	Sweet N Sour Pork Brown Rice Stir Fry Vegetables Fresh Orange	Beef Vegetable Stew Seasoned Potatoes Sunshine Carrots Fresh Honeydew Melon		
31	ALL MEALS SERVED WITH WHOLE GRAIN BREAD OR ROLL AND SKIM MILK UNLESS OTHERWISE NOTED.					