

SEEKING VOLUNTEERS



Senior Companion Program of the Midlands

Reasons to be a Senior Companion

Volunteer:

- ▶ Stipend of \$2.65/hour and mileage reimbursement
- ▶ Monthly trainings and ongoing recognition
- ▶ Meeting people and making friends
- ▶ Helping others and making a difference in your community!
- ▶ Putting your compassion into action.

What Do Senior Companions Do?

Senior Companion Volunteers are seniors age 55+ under 200% of the Federal Poverty Guidelines who work with their homebound peers with chronic care needs. The volunteers provide much needed warmth, caring, and attention and through socialization and companionship, form strong relationships to help the seniors preserve their independence. The volunteers serve 20 hours a week and also provide light household assistance, meal preparation, caregiver respite, and other tasks as needed.

For More Information: Rachal Hatton, Director of the Senior Companion Program

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