FREE HELP AVAILABLE

Senior Companion Program of the Midlands

- Are you primarily homebound?
- Caring for a loved one with a disability?
- Are you lonely now that you don't get out as much?
- Would you like some help around the house to make living alone easier?

WE ARE HERE TO HELP

AT NO COST TO YOU!

What Do Senior Companions Do?

Senior Companions are volunteers who are age 55+ who work with their homebound peers with chronic care needs. The volunteers provide much needed warmth, caring, and attention and through socialization and companionship, form strong relationships to help their clients preserve their independence. The volunteers serve clients 2-3 times per week for 4-5 hours per day, and also provide light household assistance, meal preparation, caregiver respite, and other tasks as needed.

For More Information About Our Services: Rachal Hatton, Director of the Senior Companion Program
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