

RSVP

Retired & Senior Volunteer Program matches the talents and interests of people 55 and older to community needs. Volunteers perform a variety of vital services such as tutoring, mentoring, hospital and library work and assisting local non-profit organizations. Active in the Midlands since 1973, RSVP is part of the Corporation for National & Community Service.

- *Good Morning Line*

SENIOR COMPANIONS

Senior Companions are volunteers age 60 and older who are trained to assist the elderly and homebound. Limited respite services are also provided. Committing 20 hours of service each week, the volunteer is assigned at least two clients. The program is sponsored by the Corporation for National & Community Service.



TRANSPORTATION

Our **Transportation Department** offers free transportation to qualified Medicaid clients in Richland County, as well as to qualified private pay clients and meal program recipients.

Senior Resources is funded in part by Central Midlands Council of Governments/City of Columbia/Corporation for National & Community Service/Donations & Contributions/Richland County Council/SC Department of Health & Human Services



Here for you in more ways than one.

SENIOR RESOURCES is a non-profit organization that provides coordinated services, resources, and personal choices to promote healthy, independent living through the support of staff and volunteers.

PROGRAMS

VOLUNTEERS

SERVICES



2817 Millwood Avenue
Columbia, SC 29205
(803) 252-7734

www.seniorresourcesinc.org

HOME CARE

The **Home Care** program provides services to individuals and families on a temporary or long term basis. All caregivers receive training and experience to meet specific client needs - from personal care to supervision of medication.

- **Information & Referral Service**
- **Care Management**
- **Homemaker Service**
- **Medi Loan Service**
- **Sitter Services**
- **Respite Services**



FOSTER GRANDPARENTS

Foster Grandparents are volunteers age 60 and older who serve 20 hours each week. They give care and attention to children with special needs in sites such as Head Start programs, hospitals, shelters and schools. Foster Grandparents is sponsored by the Corporation for National & Community Service.



MEALS ON WHEELS/WELLNESS CENTERS

Meals On Wheels provides a nutritious, hot meal to eligible frail and homebound individuals on an ongoing basis. Both contribution-based and private pay meals are available. Volunteers for this vital service are always needed, either for packing or delivery of meals.

Wellness Centers are resource centers for older adults to participate in health screening, nutritional meals, exercise programs, outings, education programs, and transportation. They are available to Richland County residents 60 and older, as well as their spouses and disabled dependents.

Since 1967, *Senior Resources, Inc.*, a non-profit organization, has provided a variety of choices to Columbia area seniors and families by offering established programs for home care, transportation, senior volunteers, meal delivery and more.

Most of us will need support at some stage of life, either temporary or long-term.

At Senior Resources, Inc., we're here to offer that assistance to you.